



THE ORYX

The weekly newsletter of Windhoek International School

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Dates to Remember

November 2019

- **16:** ACE Community Workshop
- **21 - 22:** Staff Work Days
- **27:** Election Day
- **28 - 29:** Book Fair
- **29:** Secondary PTC
- **29:** AA End for all Students

December 2019

- **04:** Founder's Day



VISIT US ON:



Facebook



Instagram

FROM THE DIRECTOR

Car Park / Security

I am very happy to be able to announce that work will start in January on providing significantly improved security at the entrance and exit to the car park.

Electronic barriers and CCTV will be installed at both gates. (Use of the 'middle' gate will be discontinued.) Pedestrians will also be required to pass through a Guard House where the purpose of their visit and their identity can be ascertained.

We are extremely grateful to the US Embassy and the US State Department Office of Overseas Schools for their invaluable support in realising this goal.

When work is complete, there will be a small outer car park where visitors may park (before passing as pedestrians through the Guard House) and a much larger inner car park.

However, once the new system is functional **only cars bearing the correct (2019-2020) windscreen stickers will be admitted to the main car park.** There will be no exceptions.

These stickers are available now in the School Office. If you have more than one vehicle, you should have a sticker for each one. But all vehicles that you wish to drive onto school premises **MUST** have a sticker.



Peter MacKenzie

Business Development Subcommittee

The Business Development Subcommittee is having its second meeting on Thursday 28 November at 17:30 in the staff room. We are going to focus our efforts on raising funds for the WIS sports-zone area as set out in the Development Plan. We need all hands on deck to raise close to \$10 million for the school. If you have ideas, email Terry Farrell (tfarrell306@gmail.com) and you will receive a template to complete that pitches your idea.

PRIMARY PRINCIPAL

Tuesday, Wednesday and Thursday afternoons this week Primary students could be seen together with their parents spending quality time participating in the student-led conferences. In previous years, the student-led conferences were held only in the second semester with three-way conferences being held this semester. The addition of the assessment conferences in term one allowed for parents to meet with the homeroom and specialist teachers, gaining a clear picture of their child's progress. The student-led conferences offer the children the opportunity to take ownership of their learning showing parents their progress this semester and their goals for next semester.

The conferences are part of the reflection process. Ahead of the conferences, the children reflected with their teachers about their strengths and goals and what they need to do to achieve their goals. Now comes the hard work. How can parents support their children with this process? Celebrate and recognise your child's successes, encourage and discuss with your child how he/she is coming along with their goals. Take time to view what your child has posted on Seesaw and give feedback. Read the newsletters and the blogs and engage your child in conversation about the learning that is taking place each week.

Your feedback is appreciated and will help us to continue to reflect and improve the conference experience. Please take a few minutes to complete [this form](#).

**Regards,
Beth Smith**

International Day 2019

Another International Day has come and gone. The day was filled with a spirit of community as we celebrated our diversity. The flag parade was evidence of the many nationalities represented in the school. The various performances throughout the day were entertaining. The games sponsored by the Grade levels, the international food hall and cake raffle were all positive additions to this year's International Day.

An event such as this does not come together overnight. It may take a village to raise a child, but it takes a PTA and a supportive community to organise and make an International Day a success. Thank you to all who contributed to this year's International Day. A special thank you to Michelle Jackson-Read and her team, without whom this day would not have happened.

We are already thinking about next year's event and would appreciate your feedback. Please take a few minutes to complete this [International Day Feedback form](#).

Beth Smith

Sworkit Kids - Fitness in Primary School

Although technology is used regularly in PE classes, it is not the main focus of our lessons or activities. One of the apps used in the classes is Sworkit Kids. In one lesson, the Early Years students were split into groups of three. The lesson included an element of choice as the students could;

- Choose a five minute strength workout
- Choose a five minute agility workout



This allowed them to incorporate social skills in their learning. The term used for this strategy is 'co-use', where students interact with each other while using technology. It was not a situation where each child looks at a screen alone and does not interact with anyone or anything else. The groups worked well together, encouraging each other and keeping each other on task.

Benchmarks from the Australian Curriculum:

Moving our Body

- Performing locomotor movements using different body parts to travel in different directions
- Participating in activities that require students to be aware of personal safety and boundaries

Learning through movement

- Including and encouraging others in physical activity
- Observing and mirroring skills demonstrated by someone else or on a device
- Observing and giving each other feedback on their performance
- Attempting all the skills and being a risk-taker, even if they are difficult
- Demonstrating turn-taking and sharing equipment when using the iPad

One of the SworKit Kids Training programs is Agility. Students used the skills practise on the app in jump roping. Students skipped on one foot, two feet etc. to swing the rope and jump over.

The students were active. They were not playing games just for fun or entertainment. Technology was used as a tool to connect class activities to curriculum benchmarks stated above. We grew up seeing adults use a VCR tape for aerobics exercises at home or at a gym. The SworKit Kids App (including the SworKit App for adults) is somewhat similar. An added advantage is that exercises can be customised. The PE classes teach them how to customise and select workouts that suit their needs. This is a skill that students can use throughout their life.



Edwin Chinyemba, Danai Maramba

SECONDARY PRINCIPAL



Three-Way Conferences
Teacher - STUDENT - Parent
29 November 2019
07:30 - 14:00

We have changed the way we report progress in the Secondary School and the format of our Semester 1 Reports, to inform students and parents more meaningfully and more continuously about progress during the academic year. We will have conferences on the 29th of November when parents will be invited to discuss their child’s progress with specific teachers during the day. We will invite some students and their parents specifically if we feel that it is necessary to discuss progress so far. Parents and students are, however, welcome to also sign up voluntarily for conferences if they want to discuss progress with their child’s teacher.

The format of the conferences is as follows:

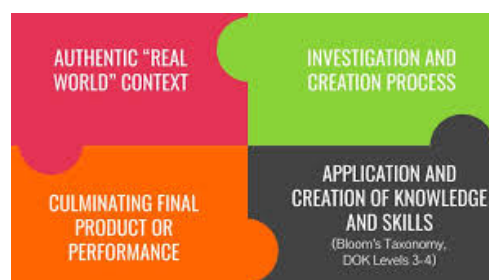
- *Conferences start at 07:30 and end at 14:00.*
- *Teachers will meet students with their parents in their classrooms.*
- *Each conference will be 10 minutes long including the passing time - so parents should sign up at specific locations (e.g. PLC or other parts of campus) keeping in mind that they might have to walk across campus from one location to the next.*
- *Students should assist their parents with signing up for the correct subject teacher and location to enable smooth movement from one classroom to another.*
- *Students have to accompany their parents to the conference. Teachers will not meet with parents on their own.*
- *The schedule will be as follows:*

07:30 - 09:30	Conferences
09:30 - 10:00	Break
10:00 - 12:00	Conferences
12:00 - 12:30	Lunch
12:30 - 14:00	Conferences

- *Conferences for Grade 6 Portuguese and French will happen after 11:00.*
- *A link to sign up for the conferences will be sent to parents on the 22nd of November.*
- *Invitations will be sent to parents during next week if we request to see the parents and their child(ren) to discuss progress.*
- *Reports will be sent to parents on the 22nd of November to give written feedback to parents. This report has a different format to previous reports we have sent and parents are encouraged to speak to their child’s teachers if they are not clear about the process of the new Criterion based approach to assessing progress.*
- *Mr. Parsons, the Director of Teaching and Learning and Ms. Reiff, the Secondary Principal, will be available on the day to answer possible questions with regard to our approach to teaching and learning in the Secondary School.*

For any questions, please email Ms. Reiff (mreiff@wis.edu.na). We are looking forward to constructive and productive conversations on the day.

Regards,
Maggie Reiff



Runners

During our Middle School Physical Education lessons, our learners had the opportunity to reflect on their personal health-related fitness and cardiovascular endurance. We frequently make use of the school 's1km cross country trail which follows a section of the perimeter of the school grounds.

The learners direct their own outcome by differentiating the distance and pace according to the extent to which they want to challenge themselves.

In preparation for the sports committee event on 30th November, several of our learners have been completing multiple laps during their warm-up section of PE.

Congratulations to Moses and Matthew from Gr. 8 who completed the 5 laps in 27.50 and 27.36 minutes respectively.

Thomas Jackson-Read



Metacognition

'Thinking about thinking' in Social Studies class - *Teaching learners to know about learning, and how to monitor and control their cognitive processes.*

What is metacognition?

Metacognition describes the processes involved when learners **plan, monitor, evaluate** and **make changes** to their own learning behaviours.

To know more about Metacognition go to: <https://cambridge-community.org.uk/professional-development/gswmeta/index.html>

What are the benefits of metacognition?

Metacognition helps students to become independent learners

Metacognitive practices help learners to monitor their own progress and take control of their learning as they read, write and solve problems in the classroom.

Metacognition has a positive impact on learning

Metacognition makes a unique contribution to learning over and above the influence of intellectual ability. Learners who use metacognitive strategies are likely to be able to achieve more.

Research shows that improving a learner's metacognitive practices may compensate for any cognitive limitations they have.

In Social Studies the Grade 6's last unit was about Understanding Social Studies. As their final summative assessment, students had to apply the learned Geography skills and create a Fictional Map.

The process of Metacognition was incorporated in this assessment, in part one by asking students to use a plan according to their learning style and in part two, when learners were asked to reflect on the process of their design.

Students had to evaluate the best Fictional Map and vote on it, based on the requirements established by the teacher.

Summative Assessment Task: Design a fictional map and written reflection

Part One:

For this assessment task you will need to demonstrate your understanding of mapping by creating your own fictional map.

You can be creative with the design of your map but you need to use a range of conventions within your map to demonstrate your understanding.

Your map needs to include the following features:

- A title;
- A scale;
- Direction;
- A key for the symbols on the map;
- Physical features (eg rivers, mountains).

Part Two:

Produce a written reflection of the process of designing and creating the map. Think about the following questions:

- What ideas did you have and why did you decide on this design?
- What went well?
- What didn't go as planned?
- What would you do differently next time?

Spend some time researching examples of fictional maps in works of literature to give you an idea of how you can use your imagination to create a really interesting map.



Congratulations to Jody from Grade 6JB and Tapiwa from Grade 6HM whose Fictional Maps were voted as the most creative and well thought-out Maps.

Teresa Araujo

27 NOVEMBER NO SCHOOL - PUBLIC HOLIDAY

Congratulations to the DELF students!

You made us really proud!

In September, eight of our students took part in the DELF examination at the FNCC (the Franco Namibian Cultural Centre).

The DELF is a diploma awarded by the French Ministry of Education to certify the French language skills of non-French candidates. There are six independent diplomas, which correspond respectively to the six levels of the *Council of Europe's Common European Framework of Reference for Languages (CEFR)*, ranging from beginner level (A1) to native speaker level (C2).

The DELF assesses the following skills: speaking, writing, reading and listening.

Viktoria Ellmies and Sara Hoyer both in Grade 11 wrote the B1 exam, while Fazil Azzouz, Francesco Cherici, Nacim Khelifi, Cedric Li Him Kam, Amrita Nambiar all in Grade 12, and Janine Tibazarwa in Grade 11 wrote the B2 exam.



Not only did these eight students all succeed in obtaining their diploma but they achieved outstanding results. We received many compliments from the French teachers conducting the examination.

To acknowledge and celebrate their achievement, we had a get together 'très sympathique' on Monday in the presence of Ms. Nadar (the IBDP Coordinator) and Ms. Reiff (our Secondary Principal) during which they were handed their respective certificates.

This was an extremely rewarding experience and we would like to see many students participating next year.

Padmini Nadar and Catherine Mousseau

Namibia Basketball League 2019

The Namibia Basketball School League (NBSL) with the assistance of the Namibian Basketball Federation held a memorable awards evening to end the 2019 basketball season. Windhoek International School's participation increased from one team to seven.

Participants who completed the season:

U11 Veterans	Grade 3-5	U14 Girls	U16 Girls	U14 Boys	U16 Boys	U19 Boys
Andjaba, Martin	Ayoub, Hala	Abeje, Maedot	Abeje, Maedot	Fischer-Buder, Gerhard	Fischer-Buder, Gerhard	Fitzpatrick, Christopher
Chinyoka, Tanaka	George, Mario	Andersen, Ivy	Agrawal, Mrinalini	Maz Beltrain, Mateo	Maz Beltrain, Mateo	Beukes, Alessandro
Hoeseb, Juliaan	Johannes, Hendrick	Hiwilepo, Zuleika	Haug, Yuting (Dora)	Fischer-Buder, Leonhardt	Fischer-Buder, Leonhardt	Monteforte, Luca

Musavengana, Tinashe	Kangueehi, Uzuva	Kipkirui, Ednah	Hiwilepo, Zuleika	Kalumba, Emmanuel	Ferrari, Massimo	Murwira, Tanatswa
Steenkamp, Ezahra Skye	van Zyl, Luke	Steenkamp, Ezahra Skye	Steenkamp, Ezahra Skye	Musavengana, Tinashe	Kapolo, Panduleni	Kapolo, Pohamba
Tjombonde, Nombango	Jantjies, Suhaimi	Ndjavera, Tjipe	Ndjavera, Tjipe	Kapolo, Panduleni	Fischer-Buder, Leonhardt	Shidute, Peyohamba
Van Zyl, Matthew	Kipkirui, Adriel	Tjombe, Diana	Limbo, Iuze	Fischer-Buder, Leonhardt	Kapolo, Pohamba	Rombe, Malik
Nghiyolwa, Evat	Ndjavera, Ngunonduka (Nguno)	Walugembe, Jaylen	Tjombe, Diana	Kapolo, Pohamba	Hiwilepo, Jethro	Li Hin Kam, Cedric
Damon, Jessica	Cohen, Ben	Damon, Jessica	Mayumbelo, Ndemi	Van Zyl, Matthew	Rombe, Malik	Winschiers, Robin
Dukes, Jackson	Hassan, Shaheed	Pokolo, Davan	Shaanika, Niitumwa	Jao, Dombele	Jao, Dombele	Hinda, Veripamue
		Parrs, Eva	Tjombe, Diana	Wu, Di	Mulongwe, Mukela	Hawala, Kennedy
		Tjombe, Diana		Kalumba, Emmanuel	Neumbo, Abraham	Ferrari, Massimo
		Andersen, Ivy			Nghipondka, Natangwe	Rombe, Malik
					Kalumba, Emmanuel	

The league results were as follows:

- U11 Mixed-** Gold - WIS Team A (veterans)
Bronze - WIS Team B (grade 3-5)
- U14 Females** - Lost 3rd place playoff to Mandume Primary School
- U14 Males** - Bronze- WIS
- U16 Females** - Bronze- WIS
- U16 males** - Gold- WIS
- U19 Females** - No team
- U19 Males** - Bronze- WIS

Special Awards

Most Valuable Players (MVP) for the entire season:

- U11 (Mixed) - Tinashe Musavengana
- U16 Male - Massimo Ferrari

All-Star players (players chosen for being the best in their age group)

U16 Females	U16 Male	U19 Male
Tjombe, Diana	Ferrari, Massimo	Beukes, Alessandro
Shaanika, Niitumwa	Neumbo, Abraham	Monteforte, Luca
Agrawal, Mrinalini	Hiwilepo, Jethro	Winschiers, Robin
Ndjavera, Tjipe	Rombe, Malik	
Limbo, Iuze		

Special thanks go to the parents that allow their children to play on the teams and a big shout out to all those that came to the games.

Grateful thanks go to Coach Mpume and Coach Audrey for their selfless dedication to see the players succeed.

Pre-season training for the new season is underway and as the program has grown, students that do not attend training will not be eligible for registration for the new season. See below pictures from the awards evening from left to right.

Top line: U16 Boys, U16 Girls and U14 Boys, Middle row: U11A (Veterans), U11B (grade 3-5), Bottom row: Tinashe Musavengana, Massimo Ferrari, U19 Male team.



International Diabetes Day

14 November

Thank you WIS community for supporting the Namibia Diabetes Lifestyle Foundation. Collectively we raised N\$6400 that will go towards children whose parents cannot afford to pay for their daily medication, as you know that strict control and medication is of absolute importance. It is also necessary to raise awareness of this silent disease as it is on the increase among young and old.

We appreciate your support and willingness to learn more about it.



Angie

BOOK FAIR!!

Windhoek International School
@ PLC Foyer

Thursday, 28 November, 7:00 – 16:00

Friday, 29 November, 7:00 – 14:00

Speedpoint Available!!



PTA News

Dear WIS Community,

Thank you for an awesome International Day. We hope you all enjoyed yourselves.

A big thank you to Mr D who has put together a [short video](#) of the day, do take a look at it, and thank you to all of our photographers of the day who contributed to Jolene's collages, below.



On a practical note, there are still some bits left over from the day. Please may you pick them up as soon as possible. **Gazebos** are at **reception**, **tables** and **utensils** are in the **PTA Centre**. Thank you for loaning these. :)

We are already thinking about next year's event and would appreciate your feedback. Please take a few minutes to complete this [International Day Feedback form](#).

I would like to thank SLT and the PTA crew for their ideas, energy and support, leading up to and on the day - you rock!

[See photos here.](#)

With Warmth and Unity
Michelle Jackson-Read
On behalf of the PTA





WINDHOEK INTERNATIONAL SCHOOL

Sport Fundraising Event

Cycling,

Run/Walk



DATE NOVEMBER
30 2019

**START/FINISH: DAAN VILJOEN
POLICE CHECK POINT**

Free water bottles to the first 100 people to register

DISTANCES	Cycling: 35 Km @ 06h00 15 Km Run/walk @ 06h10 10 Km & 5 Km @ 06h30	ENTRY FEES
		ADULTS N\$ 50.00 CHILDREN N\$ 30.00 CUT OFF TIME: 08H30

LUCKY DRAW: 08H30
FIRST 200 FINISHERS RECEIVE MEDALS

- > 3X HEALTHY HAMPERS FOR THE LUCKY DRAW
- > 50X WATER BOTTLES FOR THE LUCKY DRAW

Sponsored By:

TROPHY PLACE



Register online via the club website:
<https://windhoekcityrunnersclub.com>

**CONTACT THE CLUB PRO
FRANS @ 0811496930**

DO YOU HAVE A CREATIVE BRAIN?

The WIS Yearbook Committee invites all secondary students to take part.

DESIGN THE WIS YEARBOOK COVER FOR 2019-2020!

What can you win?
A N\$150 GIFT VOUCHER and your design on the cover of the Yearbook!

Design criteria:

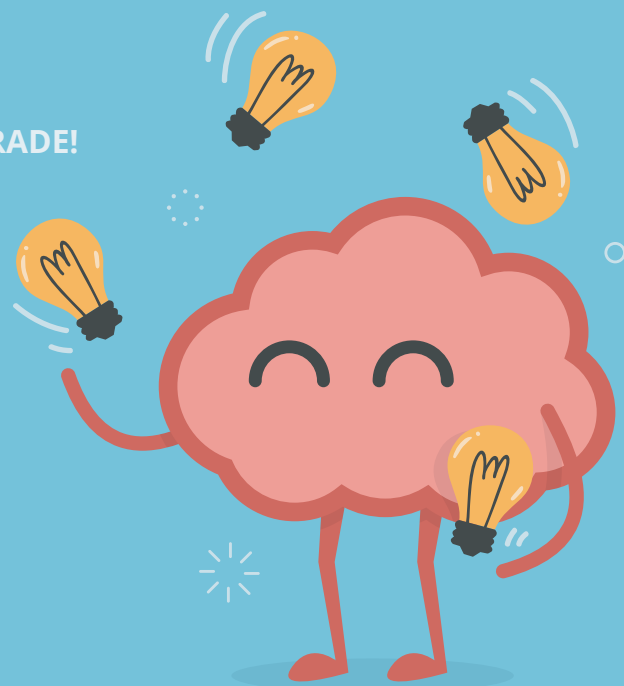
- ~ The design must be A4 in size
- ~ High quality (*more than 2MB in size*)
- ~ Digital format (JPEG or PDF)
- ~ **USE YOUR OWN DESIGN, DON'T PLAGIARIZE!**
- ~ And have the following wording:
WINDHOEK INTERNATIONAL SCHOOL YEARBOOK 2019-2020

**Please note only digital A4 designs will qualify for consideration.*

Send your final design to:
YOUR HOMEROOM TEACHER!

INCLUDE YOUR FULL NAME, AND GRADE!

DEADLINE: 31 January 2020





AS SEEN ON
INTERNATIONAL DAY



FIRST
CLASS
FREE

Join our Zumba Fitness Classes at the NG Church hall up the Hill from Windhoek High School in Hugel street.



Z-life Studio

ZUMBA Fitness with Nadine

2019 Rates:

Drop in N\$ 70
5 class card N\$ 300 (Valid for 5 weeks)
10 class card N\$ 510 (Valid for 8 weeks)

Monthly (2x a week) N\$ 370
Monthly (3x a week) N\$ 470
(Monthly package additional class: N\$ 45)

Monthly (unlimited classes) N\$ 570

Mondays	6pm - 7pm
Tuesdays	6pm - 7pm
Wednesdays	5:30pm - 6:30pm
Thursdays	6pm - 7pm
Saturdays	9am - 10am



For more info: Nadine 081 7444 574

Z-Life Studio

ZUMBA fitness with Nadine

2020 Rates:

081 7444 574

Drop in N\$ 70
5 Class Card N\$ 320 (valid for 6 weeks)
10 Class Card N\$ 530 (valid for 10 weeks)

Monthly Membership

2x a week - N\$ 390
3x a week - N\$ 490
Unlimited - N\$ 590

Annual Membership (Debit Order)

2x a week - N\$ 350
3x a week - N\$ 450
Unlimited - N\$ 550

*Members additional class N\$ 50

*Annual Memberships cancellation at no charge 30days prior

Student Rates Available on Request

Everyone Welcome
Beginner Friendly
All Ages

